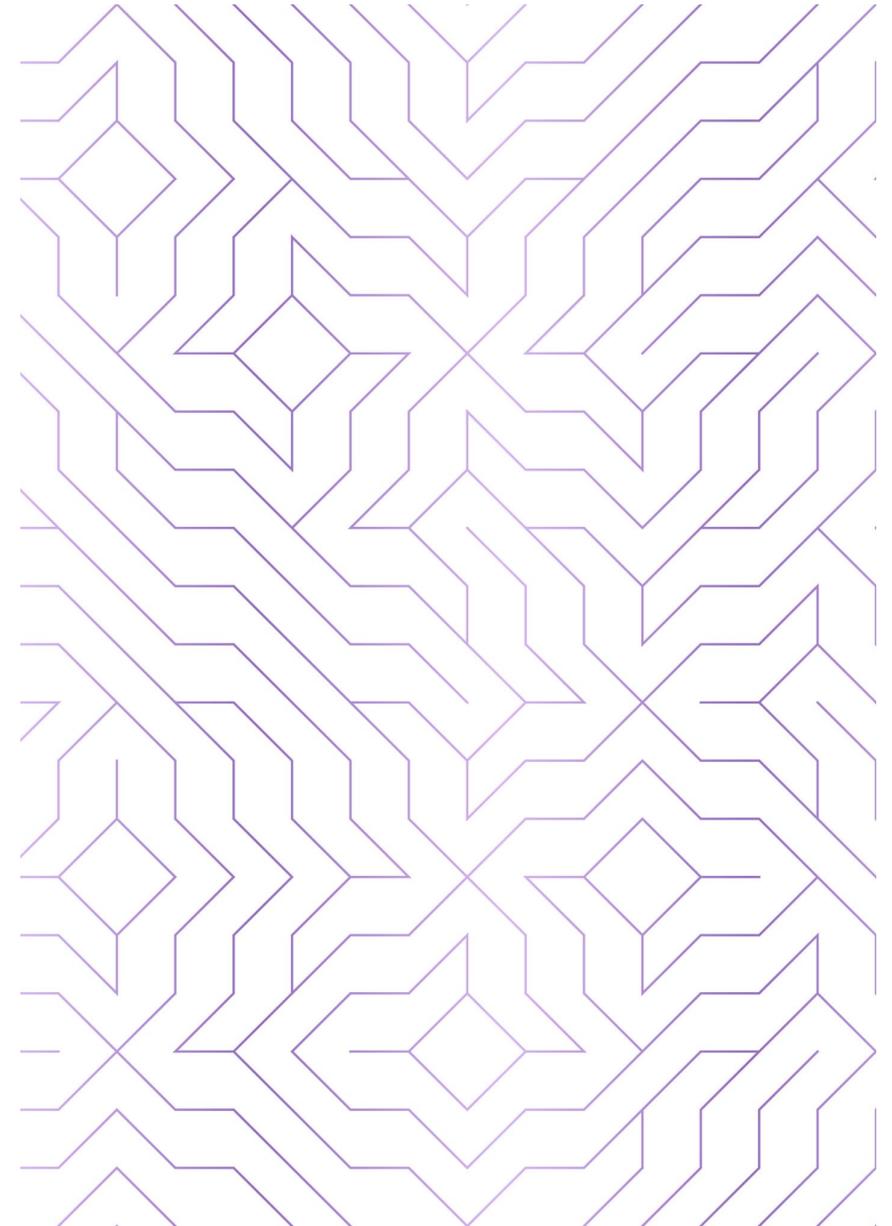


# Pastoral Counseling in Migrant Churches

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Betty T. Sari, PhD

<https://www.diaspora-empowerment.com>



# Challenges in Pastoral Care for Migrant churches

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- Intercultural stress
- Cultural maintenance and 2<sup>nd</sup> generation
- Intercultural marriage
- Language and cultural differences
- Ethnic identity crisis
- Post modern society



# Pastors who counsel

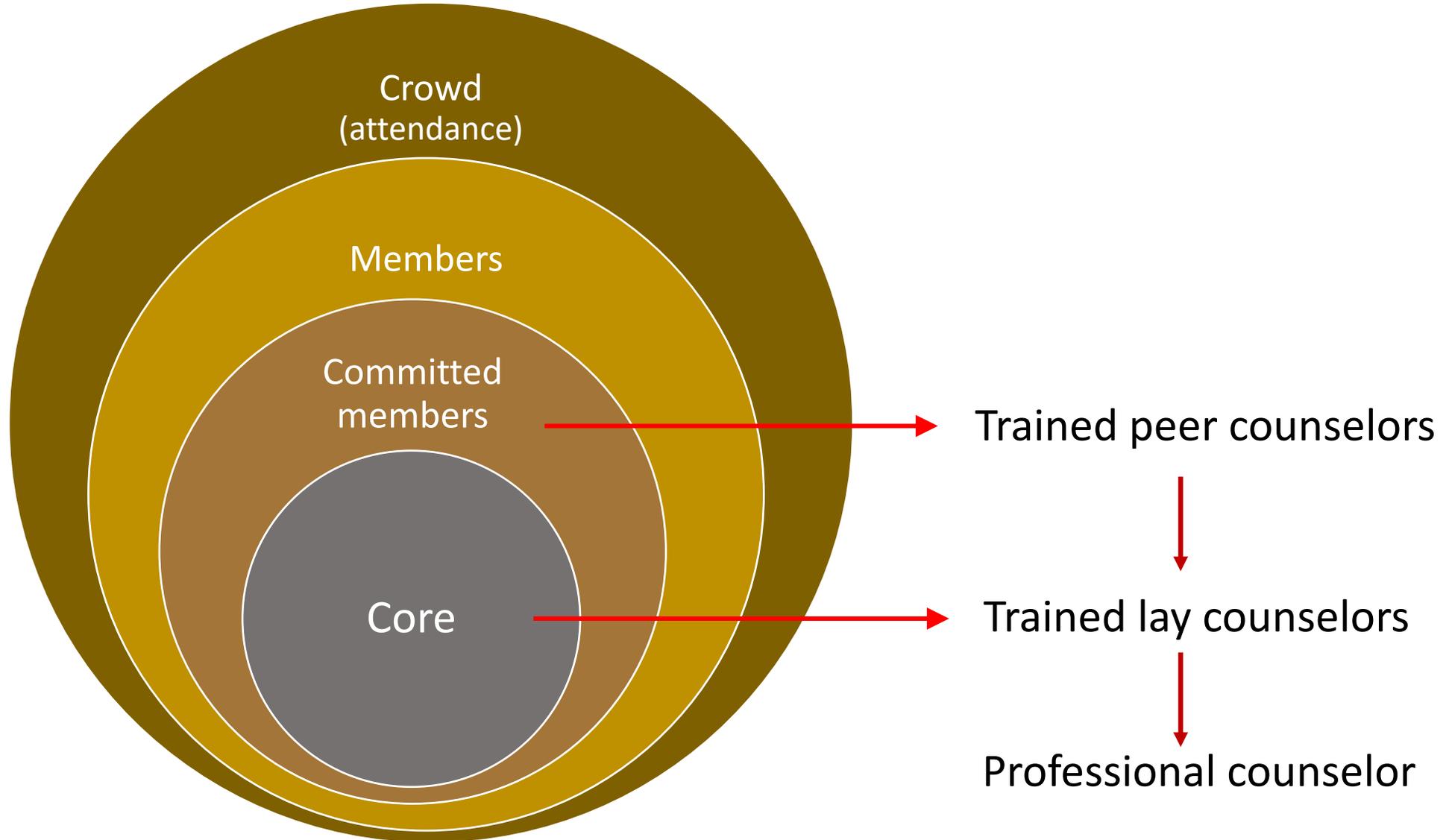
As a shepherd; taking care, protecting and guiding the people

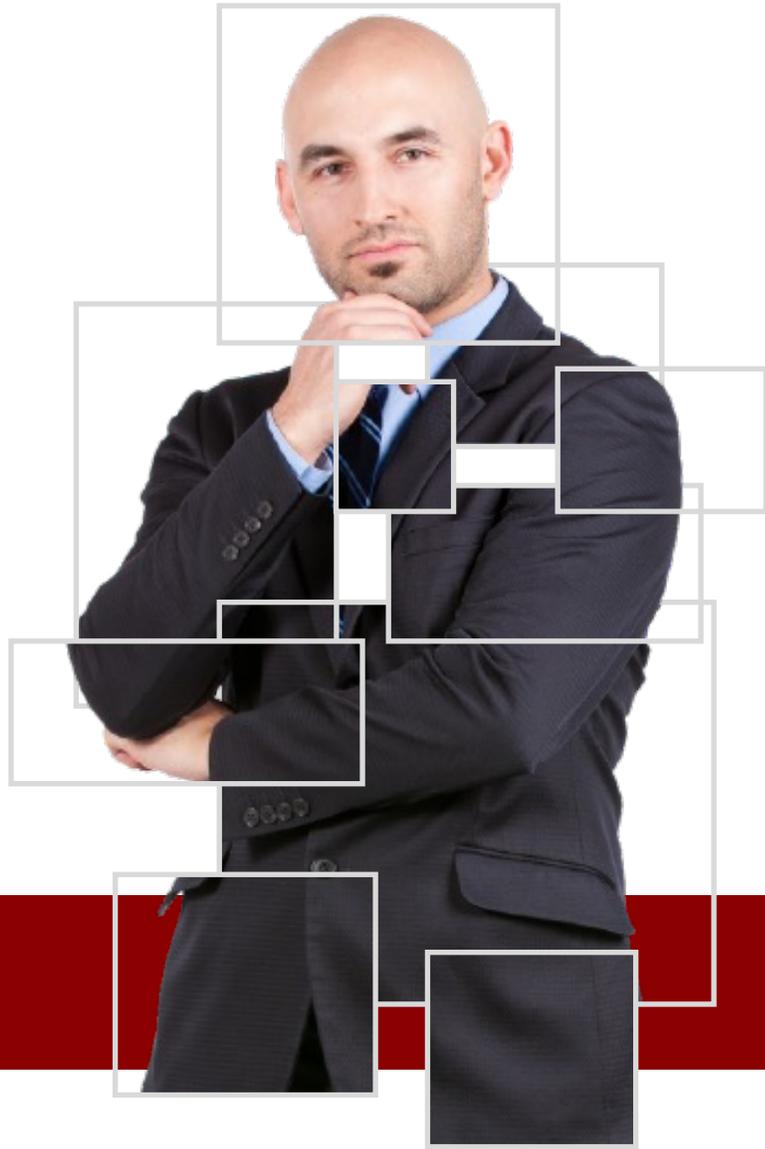
Integrity; Faithful to God, consistency in his role as pastor and counselor

God's word, his role in the congregation

Boundaries; say "no" or "later"

# Community Based Pastoral Care





# **INTERCULTURAL FAMILY: What kind of differences do we have?**

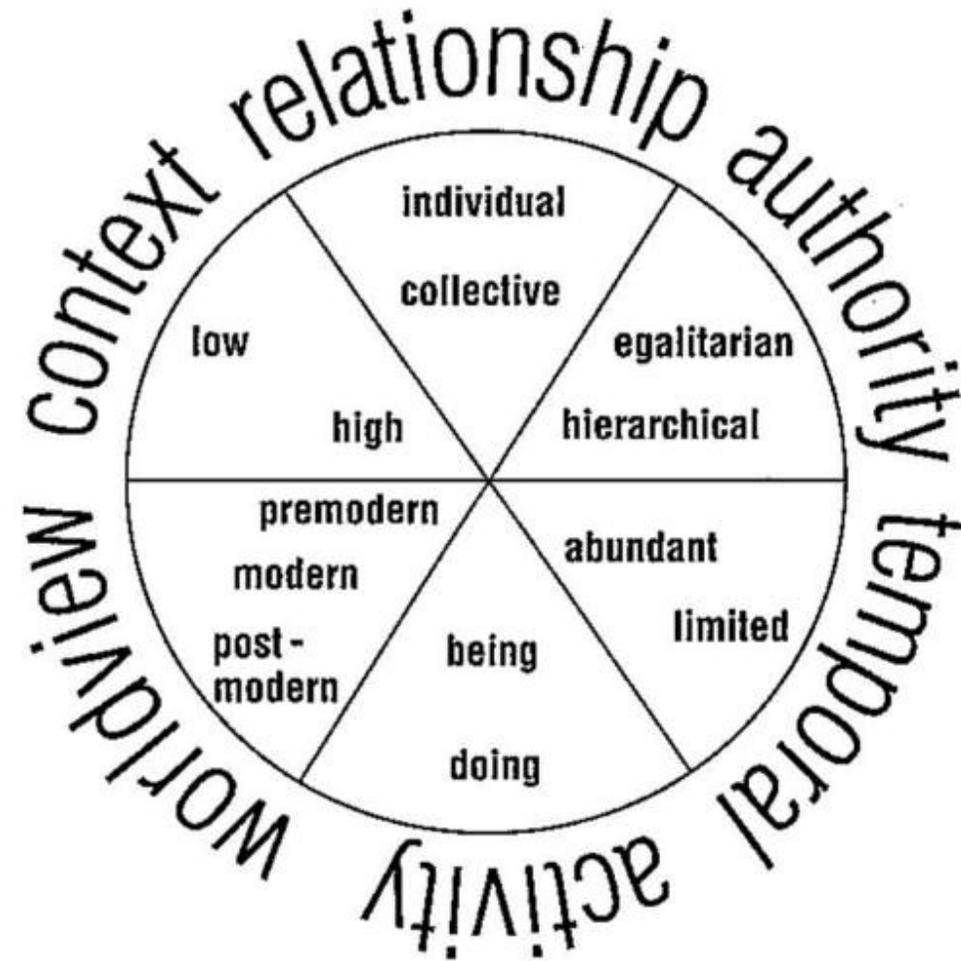


Figure 12.1. Six cultural lenses

A quote from  
Sam Chan

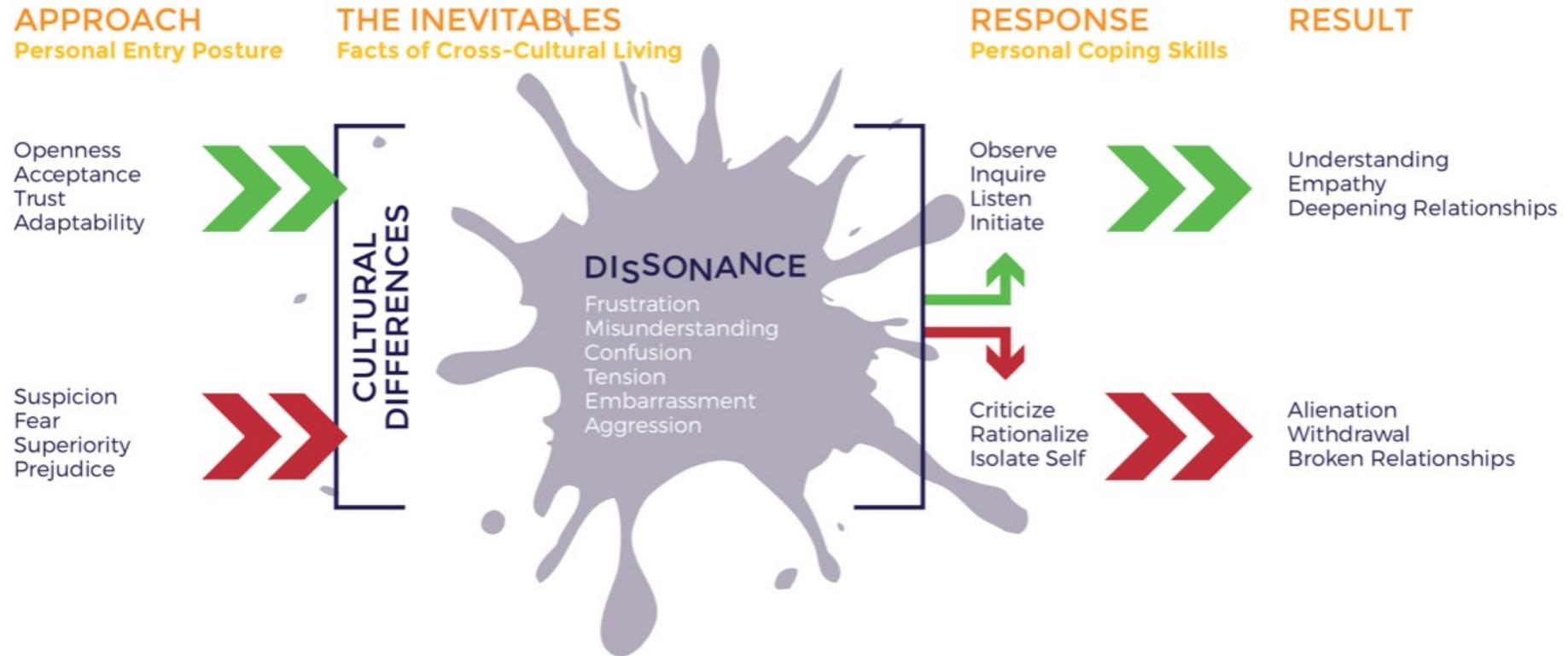
***'Moderns think that it's all truth and no interpretation. Postmoderns think it's all interpretation and no truth.'***



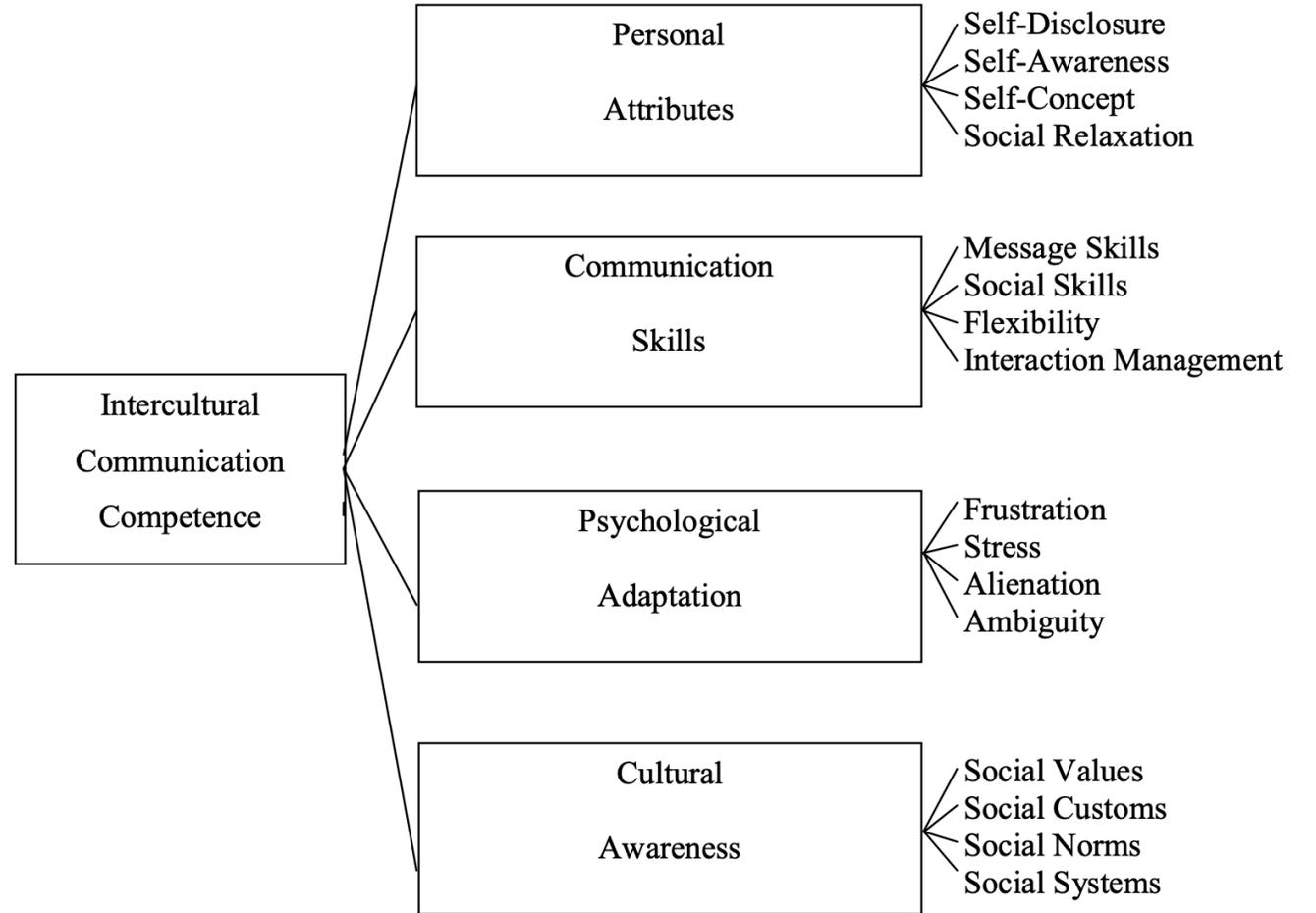
# Problem which may arise?

1. Mis-attribution
2. Mis-communication

# Dissonance



# Intercultural Communication Competence



# Christian Family

- Covenant love
- Grace (Unconditional forgiveness)
- Empowering (Serve each other)
- Intimacy (Know and be known)



Workshop

# Prayer Integrated in The Process of Cross-Cultural Pastoral Counseling for A Better Well-being among Christian Migrants

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**Participants of my study**

**<https://www.psychegeloof.nl/editions/psyche-geloof-33-2022-3>**

Hong Kong (East Asia),

Iran (West Asia),

Philippine, and

Indonesia (Southeast Asia).

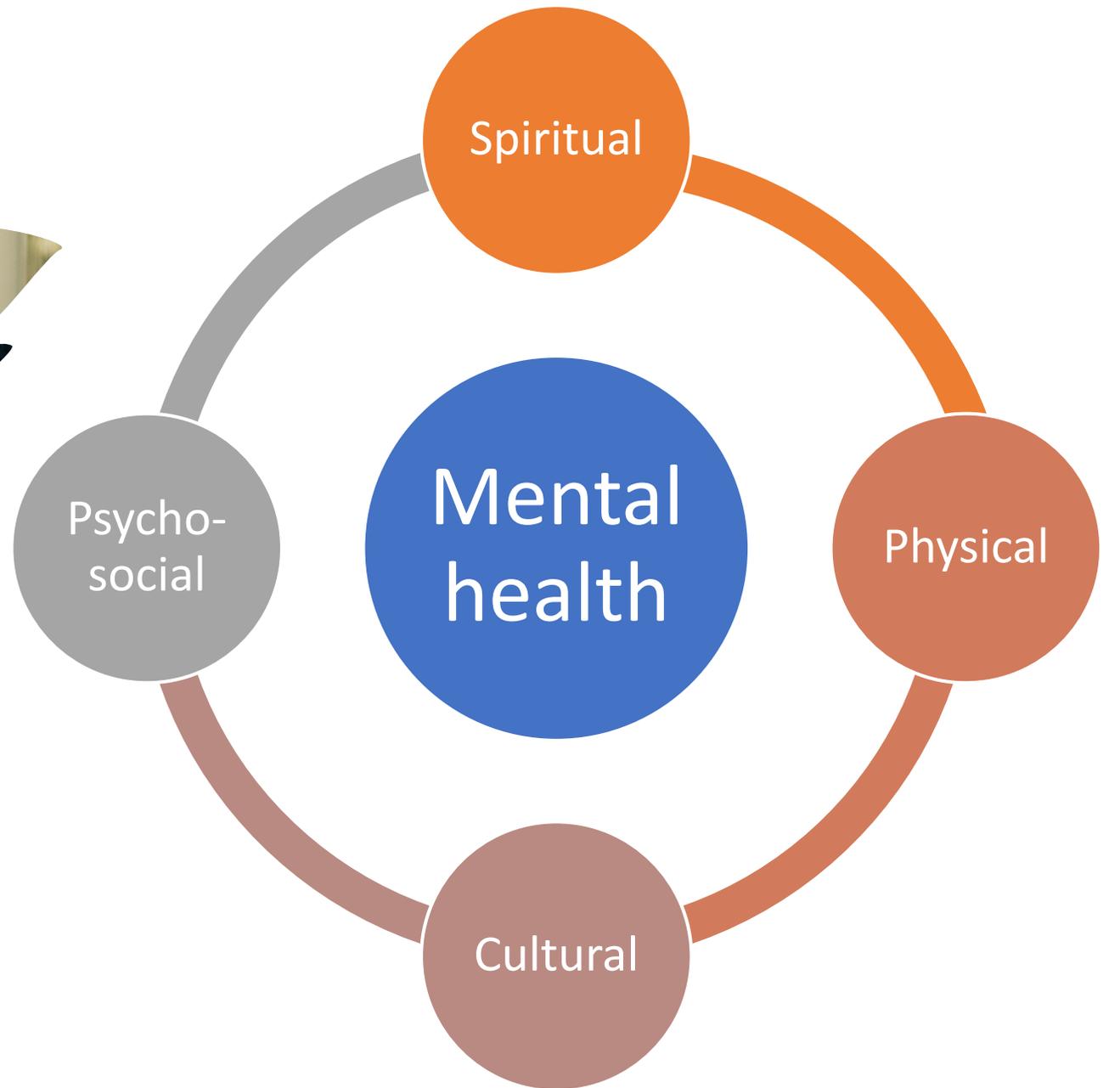
# Asians

Characterize, categorize, and solve problems differently >< the host individualistic post-modern secular worldview

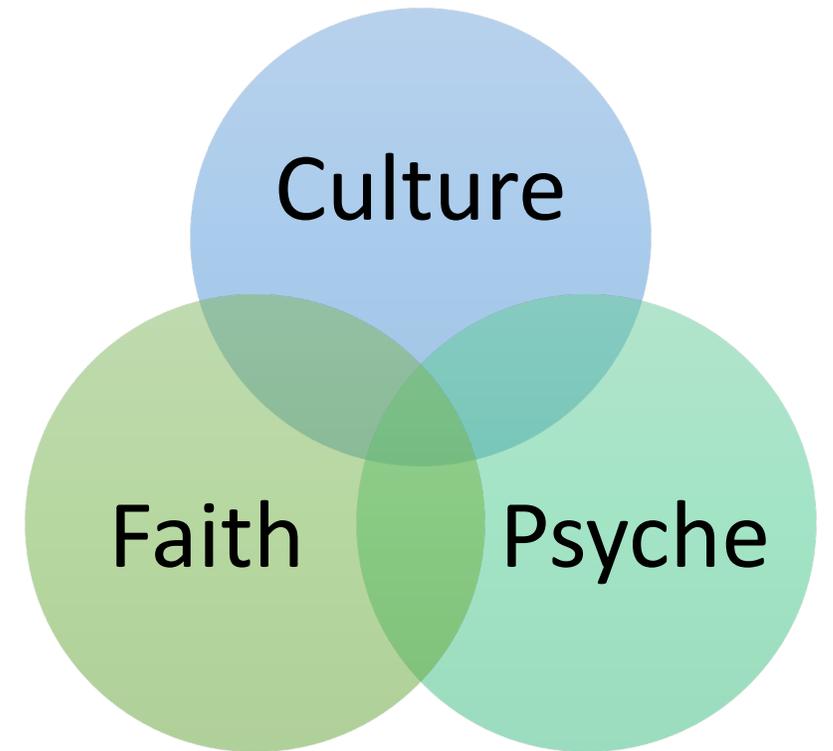
Stress or mental problems is seen to be related to supernatural causes

Lay persons play larger role in helping and guiding people with problems

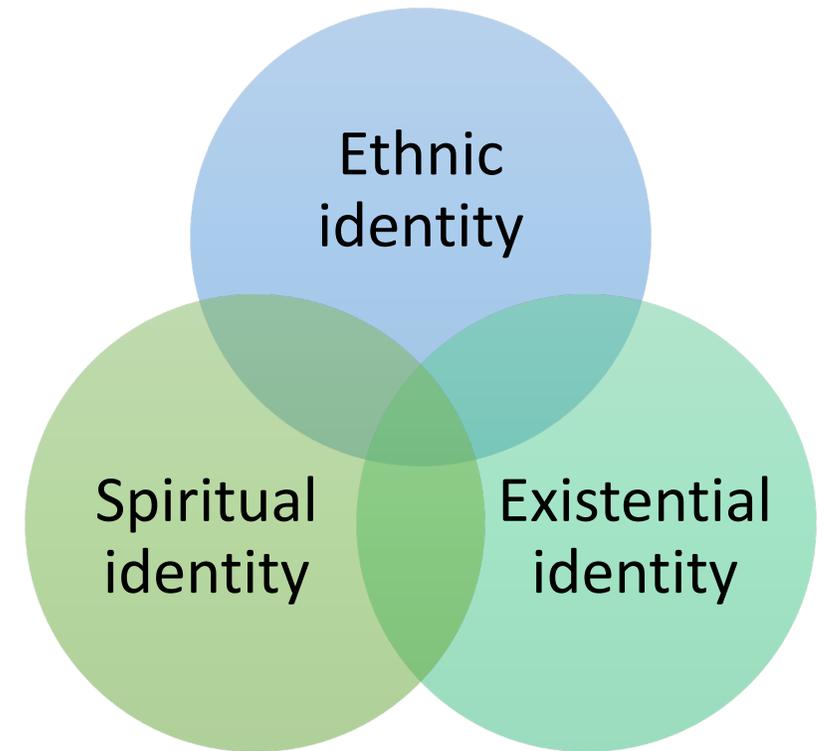
A wide variety of agents; wise men, elders, clan head, religious leaders, family heads, entrepreneurs, innovators & numerous types of leaders and agents of change

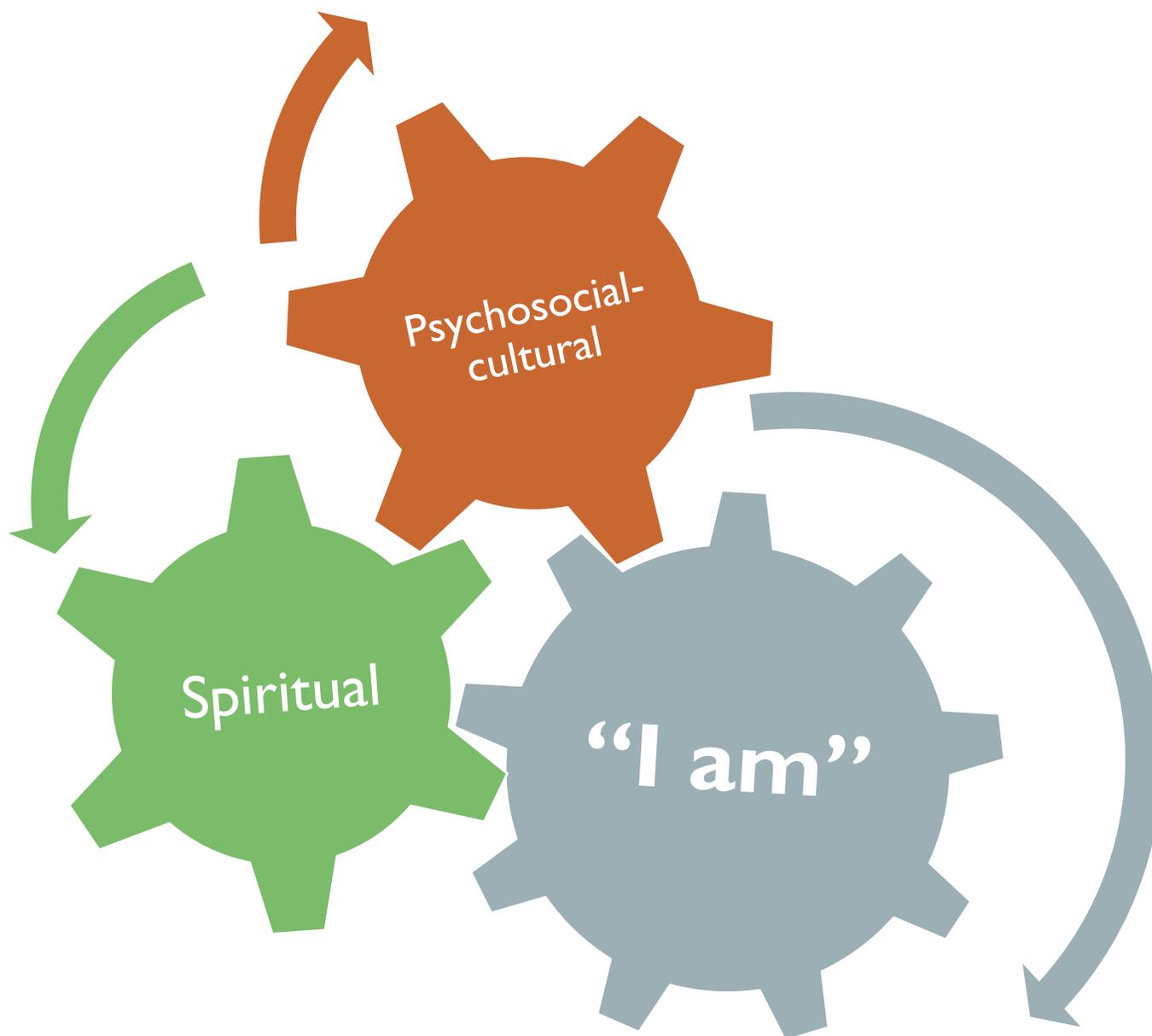


# Integration



# Integration







conversation



Relaxation



Listening  
prayer

# Conversations With God



1. Biblical understanding on 'who I am and who I am not in front of God' and
2. Mediatlional and outspoken prayer as a common Christian ritual

## Participants' reflexions

to be relieved after the prayer,

to have a spiritual encounter with God during the prayer

to be able to express their repressed emotions in words during the prayer

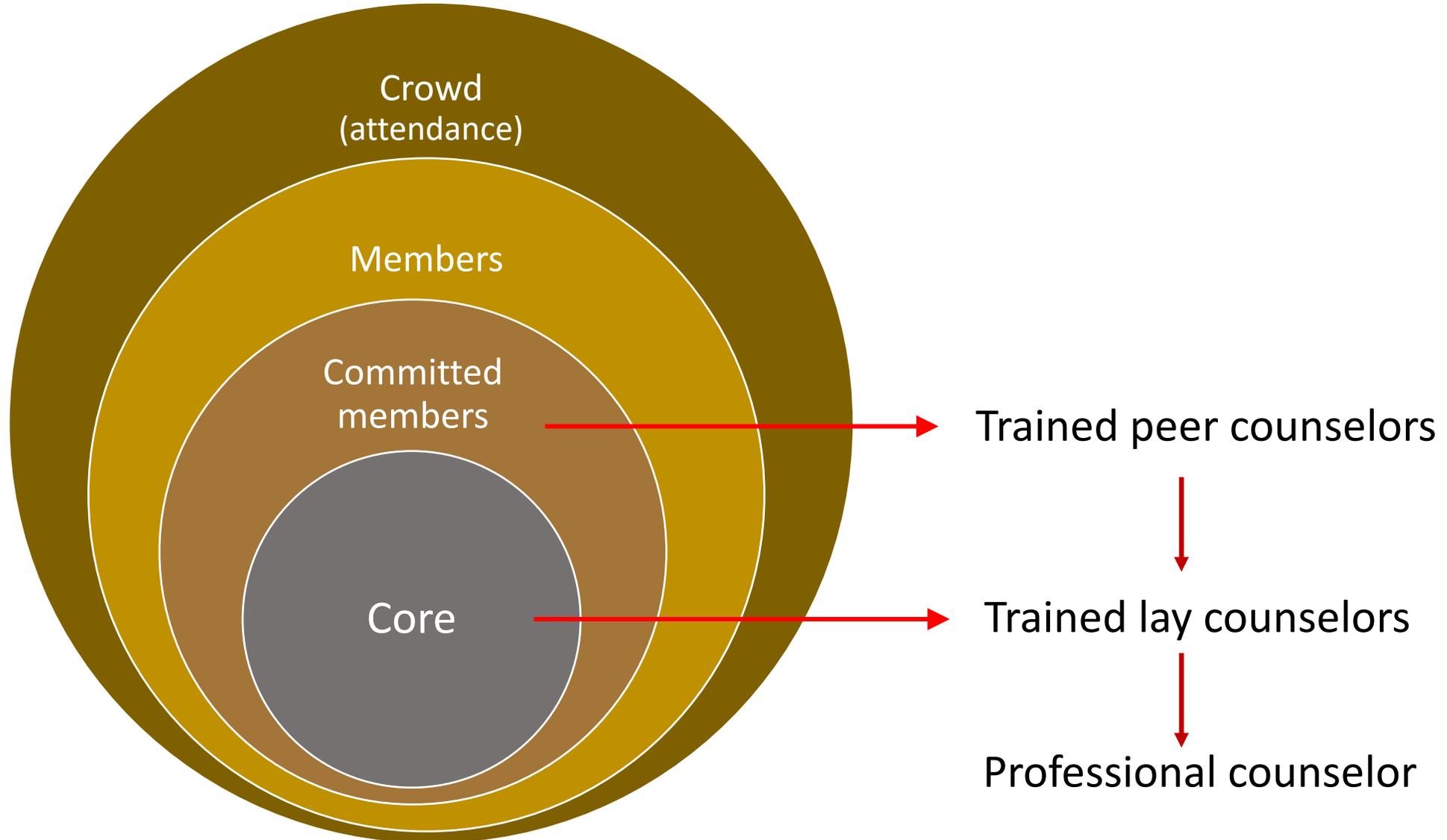
to get a more positive or integrated self-image after the prayer

to get insight through the prayer which helps them to face and solve their problem

# Recovery Process



# Community Based Pastoral Care



# Thank you!!!

**Betty T. Sari, PhD**

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